

2022 OFSAA WEST REGIONAL TRACK & FIELD SCHEDULE (SANDWICH SS)

FRI MAY 27

TRACK

FIELD

1:00 pm

Novice Boys Pole Vault

2:00

Open Girls 2000 m Steeplechase Final
Open Boys 2000 m Steeplechase Final

Novice Girls Long Jump
Junior Girls Triple Jump
Senior Girls High Jump
Novice Boys Shot Put
Junior Boys Discus
Senior Boys Javelin

2:30

Novice Girls 80 m Hurdle Semi-Finals
Junior Girls 80 m Hurdle Semi-Finals
Senior Girls 100 m Hurdle Semi-Finals
Novice Boys 100 m Hurdle Semi-Finals
Junior Boys 100 m Hurdle Semi-Finals
Senior Boys 110 m Hurdle Semi-Finals

3:15

Novice Girls 100 m Semi-Finals
Novice Boys 100 m Semi-Finals
Junior Girls 100 m Semi-Finals
Junior Girls 100 m Semi-Finals
Senior Girls 100 m Semi-Finals
Senior Boys 100 m Semi-Finals

3:30

Novice Girls Shot Put
Novice Girls Pole Vault
Junior Girls Discus
Senior Girls Javelin
Novice Boys Long Jump
Junior Boys Triple Jump
Senior Boys High Jump

3:50

Novice Girls 400 m Timed Final
Novice Boys 400 m Timed Final
Junior Girls 400 m Timed Final
Junior Boys 400 m Timed Final
Senior Girls 400 m Timed Final
Senior Boys 400 m Timed Final

TRACK BREAK

5:20 Novice Girls 80m Hurdle Final
Junior Girls 80 m Hurdle Final
Senior Girls 100 m Hurdle Final
Novice Boys 100 m Hurdle Final
Junior Boys 100 m Hurdle Final
Senior Boys 110 m Hurdle Final

5:30 Novice Girls High Jump
Junior Girls Long Jump
Senior Girls Triple Jump
Novice Boys Javelin
Junior Boys Shot Put
Senior Boys Discus

5:50 Ambulatory Girls & Boys 100 m Final
Intellectually Impaired Girls & Boys 100 m Final
Visually Impaired Girls & Boys 100 m Final
Novice Girls 100 m Final
Novice Boys 100 m Final
Junior Girls 100 m Final
Junior Boys 100 m Final
Senior Girls 100 m Final
Senior Boys 100 m Final

6:00 Junior Boys Pole Vault

6:20 Novice Girls 1500 m Final
Novice Boys 1500 m Final
Junior Girls 1500 m Final
Junior Boys 1500 m Final
Senior Girls 1500 m Final
Senior Boys 1500 m Final

7:15 Novice Girls 4 x 100 Relay Timed Final
Novice Boys 4 x 100 Relay Timed Final
Junior Girls 4 x 100 Relay Timed Final
Junior Boys 4 x 100 Relay Timed Final
Senior Girls 4 x100 Relay Timed Final
Senior Boys 4 x100 Relay Timed Final



SAT. MAY 28

TRACK

FIELD

8:00 am

Junior Girls Pole Vault

9:00

Senior Girls 200 m Semi-Finals
Senior Boys 200 m Semi-Finals
Junior Girls 200 m Semi-Finals
Junior Boys 200 m Semi-Finals
Novice Girls 200 m Semi-Finals
Novice Boys 200 m Semi-Finals

Novice Girls Javelin
Junior Girls Shot Put
Senior Girls Discus
Novice Boys High Jump
Junior Boys Long Jump
Senior Boys Triple Jump

9:30

Senior Girls 3000 m Final
Senior Boys 3000 m Final

10:00

Senior Boys 400 m Hurdles Timed Final
Senior Girls 400 m Hurdles Timed Final
Junior Girls 300 m Hurdles Timed Final
Novice Girls 300 m Hurdles Timed Final
Junior Boys 300 m Hurdles Timed Final
Novice Boys 300 m Hurdles Timed Final

10:30

Novice Girls Triple Jump
Junior Girls High Jump
Senior Girls Long Jump
Novice Boys Discus
Junior Boys Javelin
Senior Boys Shot Put
Senior Boys Pole Vault
Para Shot Put
(Boys & Girls – all divisions)

TRACK BREAK

11:30

Junior Girls 3000 m Final
Junior Boys 3000 m Final

12:00 pm

Senior Girls 800 m Timed Final
Senior Boys 800 m Timed Final
Junior Girls 800 m Timed Final
Junior Boys 800 m Timed Final
Novice Girls 800 m Timed Final
Novice Boys 800m Timed Final
Ambulatory Girls & Boys 800 m Final
Intellectually Impaired Girls & Boys 800 m Final
Visually Impaired Girls & Boys 800 m Final

12:30

Novice Girls Discus
Junior Girls Javelin
Senior Girls Shot Put
Novice Boys Triple Jump
Junior Boys High Jump
Senior Boys Long Jump

1:00

Senior Girls 200 m Final
Senior Boys 200 m Final
Junior Girls 200 m Final
Junior Boys 200 m Final
Novice Girls 200 m Final
Novice Boys 200 m Final
Wheelchair Girls & Boys 200 m Final

Senior Girls Pole Vault

1:30

Novice Boys 3000 m Final
Novice Girls 3000 m Final

2:00

Open Girls 4 x 400 Timed Final
Open Boys 4 x 400 Timed Final

